



Fun 'n Free

This is an unofficial list of suggested activities that you can experience for free during your visit to the Redding area. All information is subject to change, please verify before you go!! Locations and driving directions to most of these activities are listed in the comprehensive and user-friendly Adventure Guide brochure. Contact the City of Redding Visitors Bureau for your free copy.

- ARCHITECTURE - Examples of the city's architectural heritage can be seen at the Cascade Theater, Lorenz Hotel, Pine Street School and inside buildings in the Downtown Mall.
- ANTIQUE BROWSING - There are many stores in this area, ask for a list.
- ART - Visit various galleries. Some public, some private, even in city hall. Ask for a list.
- BASKETBALL - Play on city courts in Caldwell Park, Enterprise Community Park, and South City Park.
- BEACH - For a day use fee, you can choose among several beaches at Whiskeytown Lake. There are many trails around the area as well.
- BIKE RIDING - Bikes are allowed on the River Trail, parts of many other trails, as well as bike friendly streets and bridges. Ask for a trails map.
- BLUES SOCIETY - Shasta Blues Society jams every Thursday night, 6:30pm to 10:00pm at Lu Lu's Restaurant, 2230 Pine Street. No charge and children are welcome.
- BMX BIKING - Found in Cascade Park off Girvan Road.
- BIRDWATCHING - Get your binoculars and use the bird guide available at the City of Redding Visitors Bureau.
- BOOKSTORE BROWSING - Several bookstores in the area. Check the phone book.
- CALDWELL PARK - One of many city parks, Caldwell features BBQ's to use, picnic areas along the river, two playgrounds, horseshoe pits, a boat ramp, restrooms throughout, a Fish Viewing ladder, and a paved walking trail. (The Redding Aquatic Center is located here for a fee use.)
- CASTLE CRAGS - The 4,350-acre park features 28 miles of hiking trails, campgrounds and picnic areas. A nominal state park fee per vehicle is required. Just 1hr. north of Redding on I-5.
- CAVE EXPLORING - Walk in a lava tube at Subway Cave, just east of Lassen Park.
- CEMETERIES - Visit pioneer cemeteries. Oak Run, Old Shasta, Parkville, Pickney, St. Joseph's, and Old Millville are popular sites near Redding.

- CITY HALL - Tour City Hall's artwork, landscaped gardens, and sculpture park during business hours; visit the bubbling Signature Fountain or walk through the meditative Mayor's Memorial Garden.
- CRAFT SHOPPING - Visit a crafters mall and various other craft shops.
- DAM TOUR - Take a free guided tour of Shasta Dam, offered several times a day.
- DISC GOLF - A nine-basket course is available in Enterprise Park.
- DRIVE BACKCOUNTRY ROADS - Ask for "An Adventure Around Every Corner!" which is a comprehensive guide to the backcountry roads throughout the Shasta Cascade region.
- DRIVE SCENIC BYWAYS - Use the "Gateway to a Getaway" brochure that outlines over a dozen scenic drives in this region.
- CAMDEN HOUSE - Originally a one-room log cabin built in 1852, it has had many additions. Call 238-6584 for tour times, and more information.
- ENTERPRISE COMMUNITY PARK with KID'S KINGDOM - The park features a picnic pavilion, roller hockey rink, two soccer fields, disc golf, and basketball court and acres of green grass. KIDS KINGDOM is a favorite playground for children throughout the year suitable for all ages. In the summer months, it features several water activities such as a volcano erupting every few minutes, spouting mushrooms and a Misting Grotto.
- FARMERS MARKET - Featuring local growers at Redding's City Hall and other locations.
- VIEW WILD GEESE, DUCKS, BIRDS - Stop on Park Marina Drive or on the grounds of Simpson University and watch the birds and waterfowl.
- FESTIVALS - Throughout the year, there are Almond, Olive, Honeybee, Blues, Jazz Strawberry, Return of the Salmon, and Beer and Wine festivals in this area.
- FISH - Go fish. The Sacramento River running through the middle of town is a prime trout and salmon fishery. It has the distinction of the state record King Salmon catch at 88 lbs. Northern California is a fisherman's paradise!
- FISH HATCHERY - The Coleman Fish Hatchery is off Gover Road in Anderson.
- FISH VIEWING FACILITY - Adjacent to the Sacramento River in Caldwell Park is a fish viewing facility. It is operational only during months when the seasonal dam is in place on the Sacramento River.
- FLEA MARKET - The indoor/outdoor Jolly Giant Flea Market is open year round 6 a.m. to 4 p.m. Saturday and Sunday. Located at 6719 Eastside Road between Redding and Anderson on Rte. 273.
- FLY A KITE - The Convention Center Lawn offers a wonderful unobstructed area for kite flying on a windy day.
- FRENCH GULCH - French Gulch Hotel, registered with the National Register of Historic Places is where you can eat, drink, and spend the night. Across the street is Franck's Store, the oldest continuously family operated store in Shasta County. It is now the local meeting place, waterhole and unofficial museum.
- FRIDAY NIGHT at the PARK - During summer months, music by local or touring musicians in Claire Engle Park in Shasta Lake City.
- HISTORIC PARKS - Shasta State Historic Park with the Litsch store and Blumb Bakery. The museum charges a small fee and features a small gallery representing 100 years of California art.
- JAZZ SOCIETY- Listen to offered groups with the River City Jazz Society 3rd Sunday of the month from 1-5 p.m. at the Elks Lodge, 250 Elk Drive.
- JOHN F. KENNEDY MEMORIAL - On the south shore of Whiskeytown Lake, commemorates President John F. Kennedy's dedication of the Whiskeytown dam in 1963 shortly before his assassination. There is a small fee to enter the park.
- JOGGING - Use the many trails in Redding to jog, some allow dogs on leash.

- KAYAK TOURS - Free and Ranger guided at Whiskeytown Lake! Call ahead 243-4345, summer months only.
- LAKES - Mary Lake, on the west side of Redding, has a variety of wildlife and a walking path. Shasta Lake, largest manmade lake in California, north of Redding offers many boating activities and the world's biggest houseboat fleet. Whiskeytown Lake, west of Redding, is great for kayaking, sailing, fishing or swimming.
- SHASTA COUNTY LIBRARY - Read a book or two! Limited hours - call ahead at 225-5706.
- MARKETFEST - Thursday nights throughout summer, at Redding's Library Park (downtown) features live music, food and vendors.
- MOSQUITO SERENADE - Live music on Wednesday nights at the KC Grove in Anderson River Park. Bring a blanket and enjoy the cool river breeze.
- MOUNTAIN CLIMBING - Castle Crags and Mt. Lassen have a day trail; Mt. Shasta is only for experienced climbers. Many more options available, as numerous as our mountains!
- OBSERVATORY VISIT - Hat Creek Radio Astronomical Observatory is completely surrounded by mountains that block out all man-made radiation. The disk receivers search for signals from outer space, and also measure movement of the tectonic plates. Visit this collection of modern, high-tech equipment. Call 530-335-2364 for hours.
- PARADES - Annual Kool April Nights' Classic Car Cruise, Lighted Christmas Parade, Rodeo Parade, and Big Bike Motorcycle Cruise are free to all spectators.
- PARKS - We have 33 small and 3 large neighborhood, 4 community, as well as National and State parks. In summer, Oak Bottom Amphitheater has several youth programs.
- PHOTOGRAPHY - Wild and inhabited areas offer countless photographic opportunities.
- PICNIC - Plenty of grass and picnic tables in public areas such as Caldwell Park, Lake Redding Park, Enterprise Community Park, South City Park, and Library Park.
- POW WOW - The Native American Stillwater PowWow. Nominal entrance fee.
- RESEARCH LOCAL HISTORY - Reference materials are located at the Shasta County Historical Society (Downtown Mall), in the Shasta County Library and Shasta College Library.
- ROLLERBLADING - Use your own skates and rollerblade the Sacramento River Trail. ROLLER HOCKEY - Enterprise Park has a rink available for use.
- SAILING - Sail beautiful Whiskeytown Lake.
- SKATEBOARDING - Caldwell Park is home to a skateboard park with 3 large bowls, 1 low and 1 high rail, a half pipe and a vertical wall.
- SOCCER - 3 fields in the area for use at Caldwell and Enterprise Community Park.
- STORY TIME FOR CHILDREN - Barnes & Noble 11am Saturdays; McConnell Arboretum & Gardens 10am Mondays in summer; and check local library for current programs.
- SWAP MEETS - Jolly Giant Flea Market is open weekends year round; local ski shops hold them prior to ski season.
- SWING - Glide into the air in the city's Caldwell, Lake Redding, Enterprise Community, South City and Library Park.
- SUNDIAL BRIDGE - Enjoy a stroll across the glass-decked pedestrian bridge over the Sacramento River. Designed by Santiago Calatrava of Spain, it is a work of art in a spectacular setting.
- TENNIS - There are city tennis courts located in South City Park (corner of So. Market and Parkview).
- TRAIL WALKING - Refer to our trails brochure for information on more than 10 local trails.

- HISTORICAL HOMES TOUR - Take any of 3 self-guided tours of the city's architectural heritage. The buildings listed are not open for walk-through tours, but the architecture is stunning.
- VOLCANO - Take a summer hike to the summit of Mt. Lassen, a dormant volcano, there is a park fee per vehicle. (Road through the park open apx June -October)
- WATERFALLS - Over 8 falls to visit, most within State or Federal Parks, which charge a fee per vehicle. (Chk out the Waterfalls Brochure online at www.VisitRedding.com)
- WATER FUN - Enterprise Park is home to Kids Kingdom. In the summer there are misters, spouts, and a volcano that erupts water.
- WILD LIFE WATCHING - Tour the many wild life areas and see the flora and fauna in their natural habitat. Nearest are Battlecreek, located in the Coleman Fish Hatchery; Cottonwood Creek, 10 mi. E. of Cottonwood and Tehama is on Plumb Creek Rd. near the town of Payne's Creek.



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