Attractions around Redding and Shasta Cascade

Adventure awaits those who visit Redding and the Shasta Cascade region. Whether your idea of a great vacation means extreme outdoor adventure, family-friendly activities, or cultural excursions, Redding and Shasta Cascade are filled with year-round unexpected pleasures.

Land lovers can explore UpState California through its expansive and nationally recognized trails system, where visitors walk, hike, bike, or horseback ride. If you prefer playing in the water or floating on top, Redding’s access to several rivers and lakes allows for boating, paddle boarding, rafting, swimming, and fishing.

With 11 national and state park designations surrounding Redding, there isn’t a shortage of great things to do. It truly is a playground for every personality.

**SUNDIAL BRIDGE**
This one-of-a-kind, glass decked pedestrian bridge serves as an incredible entrance to Redding’s Sacramento River National Recreation Trail. World-renowned Spanish architect Santiago Calatrava conceived the unique design of the bridge. It is the first bridge of its kind in the U.S., and is the tallest working sundial in the world. The massive 217-foot pylon leans due north and functions as the gnomon of a sundial, casting its giant shadow on a garden-bordered dial plate at the bridge’s north end. The suspension, cable-stays design of the bridge does not have any footings in the river out of respect for the nearby sensitive salmon-spawning habitat. Receptions under the bridge are available.

**FISHING**
Redding is the heart of northern California’s fishing, and home to famous trout waters like the Lower and Upper Sacramento River, surrounded by outstanding fishing waters like McCloud River, Pit River, Hat Creek, Fall River, Manzanita Lake, Trinity River, and more. The Sacramento River runs cold and swift through the heart of Redding, creating one of the best tail water fisheries in the country and helping to establish Redding as the only West Coast destination to make Forbes.com’s list of ‘North America’s Top 10 Trout Fishing Towns.’ According to The Fly Shop, the largest fly fishing specialty shop in American and located in Redding, “the river's controlled flows, combined with northern California's temperate climate, result in near-optimum fishing conditions nearly every day of the year. The average size of the rainbows on the Lower Sacramento is 16 inches, while fish over 20 inches are relatively common, and they are all fat and healthy.”

**TURTLE BAY EXPLORATION PARK**
This 300-acre campus, located along the banks of the Sacramento River, offers educational and entertaining activities and experiences that interpret the relationship between humans and nature. The park tells the story of the region and its people through a museum that includes an underground aquarium, Native American history and exhibits, interactive experiments, and rotating art exhibits; wildlife exhibits; Paul Bunyan's Forest Camp; California’s largest, seasonal North American butterfly house; an amphitheater; and, across the Sacramento River, the McConnell Arboretum and Gardens. The gardens feature 20 acres of Mediterranean climate display gardens, a children’s garden, medicinal garden, and two beautiful and unique
water features. Enjoy a snack and refreshments at the Turtle Bay Coffee Bar, which has captivating views of the Sacramento River as well as the world-famous Sundial Bridge.

TRAIL SYSTEM
Hundreds of miles of hiking, biking, equestrian, and off-road vehicle trails have been developed within a 15-mile radius of downtown Redding. The Sacramento River Trail and the Sacramento River Rail Trail have both been designated as National Recreation Trails in the National Trail System. The area surrounding Shasta Lake and Whiskeytown National Recreation Area both offer abundant unpaved trails that are very popular with single-track bicyclists.

The pristine trails and glacier-polished peaks of Castle Crags State Park are ideal for day hikes, or you could take a drive along the Volcanic Legacy Scenic Byway, which links Lassen Volcanic National Park to Oregon’s Crater Lake, and stop at certain locations to view volcanic geological formations that are rare and unique to any other place in the country.

WHISKEYTOWN NATIONAL RECREATION AREA
Just eight miles west of Redding, Whiskeytown National Recreation Area is located at the juncture of the Klamath Mountain range and the northern edge of the Sacramento Valley, making it home to a special collection of plant and animal life. Some of the park’s features are Whiskeytown Lake, Shasta Bally Mountain, and numerous waterfalls, all together providing outdoor enthusiasts opportunities for water recreation, hiking, mountain biking, and horseback riding. Situated on the south shore of the lake is a memorial to President John F. Kennedy, commemorating his dedication of the dam in 1963, shortly before his assassination. Whiskeytown Lake provides 36 miles of shoreline and 3,200 surface acres for recreation, its placid surface is excellent for swimming, scuba diving, kayaking, rowing, sailing, or and fishing.

MT. SHASTA
At 14,179 feet, the snow-capped Mt. Shasta dominates the northern skies as you journey through the region. During winter, recreation enthusiasts can enjoy alpine skiing and snowboarding at the Mt. Shasta Ski Park, featuring three triple chair lifts and a surface tow. Three-hundred miles of groomed trails offer cross-country skiers and snowmobilers a great way to explore this massive mountain.

DOWNTOWN REDDING
Downtown Redding is a great host for guests looking for someplace to shop, dine, or to have a casual drink. Stroll the streets and see some of Redding’s historical landmarks and buildings, including the art deco Cascade Theatre. Enjoy everything from casual to fine dining with some restaurants offering live music. There are local wine tasting establishments, craft beer bars, and classic pubs as well as a dance club or two for the night owl looking for after hour fun.

ART DECO CASCADE THEATRE
This restored 1930s theatre is a fine example of majestic Art Deco architecture. Listed on both the California and National Registries of Historic Places, this downtown Redding landmark is home of the North State Symphony’s Redding performances and provides a state-of-the-art venue for a diverse array of arts and cultural events that celebrate the human spirit.

LAKE SHASTA DINNER CRUISES
See Shasta Lake like never before on one of the many dinner cruises offered seasonally from Memorial Day through Labor Day. From weddings, to date night, to corporate retreats, there is a dinner cruise to suit any visitor’s needs. Explore the emerald green waters of Shasta Lake on a dinner cruise and receive a discount on a Lake Shasta Caverns tour.

BREWERIES, VINEYARDS & WINERIES
Redding and Shasta Cascade have a growing craft brewery and winery scene. Within a short drive you can visit several local wineries for tastings and get a glimpse at how wine is made. Stop in and taste local favorites at one of the many wine bars, breweries, pubs, and eateries in Downtown Redding. Download the UpState CA Wine & Beer app in the iTunes App Store or the Google Play Store.
SHOPPING
Redding has everything from brand name stores to local boutiques offering fabulous gifts and artisan-crafted products from around the region. The Mt. Shasta Mall features over 80 specialty stores to make sure your every travel need is met.

WATERFALLS
Redding is surrounded by numerous lakes, rivers, and streams, making it the perfect destination for a waterfall-based road trip. Many of the most spectacular falls in the area can be seen just a short walk from your vehicle. Ranging from easy to moderate hikes, with some being moderately difficult, all hikes are worth the effort. There are about 50 waterfalls within an hour drive of Redding.

AIR SHASTA – HELICOPTOR TOURS
Looking for the once-in-a-lifetime tour experience? Try world-class helicopter touring and see Mt. Shasta, the Trinity Alps, Shasta Lake, and the Sacramento River like never before. A variety of tours are offered or you can customize a tour for your needs.

WIN-RIVER CASINO
The Native American Win-River Casino is open 24 hours a day. The casino features many amenities including a spa, dining, gaming, and entertainment all year long. Offering 751 slots, The Elements Restaurant, a 10,000 square foot event center, this is a great destination for families, couples, and business travelers alike.

SCENIC DRIVES
With 12 Scenic Byways in our region you are sure to find the perfect road adventure including:

- **Shasta Dam/Shasta Lake Scenic Byway**
  Distance: 3 miles; Best Time: Year-round
  See stunning views of the 3 Shastas: Mt. Shasta, Shasta Lake, and Shasta Dam.

- **Trinity River Scenic Byway**
  Distance: 140 miles; Best Time: Spring to Fall
  This scenic byway may offer some of the most diverse scenery, botanical gardens, wildlife, and climate zones in Northern California.

- **Trinity Heritage Scenic Byway**
  Distance: 120 miles; Best Time: Spring to Fall
  Drive through some of the most beautiful and rugged portions of Trinity and Siskiyou Counties.

- **Volcanic Legacy Scenic Byway**
  Distance: 500 miles; Best Time: April-November
  The volcanic activity of the Cascade Range has created unique geological formations that can only be seen in this part of America.

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